

DEALS OF THE WEEK

LEAN GROUND BEEF

\$5²⁹
/lb
11.66/kg



Logan & Express Locations!

NEW YORK STRIP LOIN STEAK

\$12⁹⁹
/lb
\$28.63/kg



Logan & Express Locations!

TAIL ON PORK BACK RIBS

\$4⁹⁹
/lb
\$11.00/kg



Logan & Express Locations!

CENTER CUT PORK LOIN CHOPS

\$3⁹⁹
/lb
\$8.79/kg



Logan & Express Locations!

RIB END OR TENDERLOIN END PORK CHOPS

\$3⁷⁹
/lb
\$8.35/kg



Logan & Express Locations!

BONELESS CROSS RIB ROAST OR STEAK

\$6⁹⁹
/lb
\$15.41/kg



Logan & Express Locations!

LOGAN LOCATION ONLY!

FRESH PICNIC PORK

\$2⁷⁹
/lb
\$6.15/kg

LEAN GROUND PORK

\$2⁷⁹
/lb
\$6.15/kg

RIND ON PORK BELLY

\$4²⁹
/lb
\$9.46/kg

COMPLIMENT'S DELI CHICKEN BREAST Roast or Cajun

\$1⁷⁶
/100g
\$17.61/kg

PANACHE OVEN ROASTED SUNDRIED/TOMATO/BASIL/TURKEY BREAST

\$2²⁰
/100g
\$22.02/kg

DELI SPECIALS!!

Logan & Express Locations!

WINNIPEG OLD COUNTRY OLD STYLE COOKED HAM

\$1⁷⁹
/100g
\$17.90/kg

MAPLE LODGE CHICKEN BREAST Cooked, Cajun, or Fajita

\$1⁷⁹
/100g
\$17.90/kg

WINNIPEG OLD COUNTRY FARMER SAUSAGE SALAMI

\$1⁵⁹
/100g
\$15.90/kg

FROZEN #3 PORK PACK

LOGAN LOCATION ONLY. FRESH MEAT PACKAGES ARE SOLD AT REGULAR PRICE + \$10

4lbs. Rib End Pork Chops
4lbs. Rib End Pork Roast
4lbs. Pork Butt Steak
3lbs. BBQ Cut Pork Side Ribs
2lbs. Pork Cutlets
5lbs. Pork Neck Bones
5x1lb. Lean Ground Pork
REG PRICE \$99.99

SALE \$89⁹⁹
/ea

FROZEN #9 MEAT PACK

2lbs. T-Bone Steak
2lbs. Ribeye Steak
2lbs. New York Striploin Steak
2lbs. Prime Rib Steak
2lbs. Top Sirloin Steak
5x1lb. Lean Ground Pork
REG PRICE \$199.99

SALE \$189⁹⁹
/ea

COMPLIMENTS TURKEY BREAST Roasted or Smoked

\$1⁹⁸
/100g \$19.81/kg

SWEET YELLOW CORN ON THE COB Product of Canada

5/\$4

CLEMENTINE MANDARINES Imported 2lb Bag

\$5⁹⁹
/ea

MINI SEEDLESS WATERMELON Product of USA

\$6⁹⁹
/ea

GREEN ONIONS Product of USA

99¢
/ea

WHOLE GOLDEN PINEAPPLE Imported

\$4⁹⁹
/ea

YELLOW COOKING ONIONS 2lb Bag

\$2⁴⁹
/ea

COMPLIMENTS GRAPE TOMATOES Product of USA. 1 Pint

\$2⁹⁹
/ea

CANTALOUPE OR HONEYDEW MELON Product of USA

\$5⁹⁹
/ea

GREEN BELL PEPPERS Product of Canada

\$2⁴⁹
/lb \$5.49/kg

ORIGINAL KRAFT DINNER 12x225g

\$10⁹⁹
/ea

CAMPBELL'S 12x284mL Chicken Noodle, Tomato, Mushroom, or Vegetable

11⁹⁹
/ea

POPSICLE BRAND ICE CREAM NOVELTIES 6-12 Count

4⁹⁹
/ea

OLD SOUTH FROZEN PUNCHES 283mL

99¢
/ea

CAVENDISH FARM FLAVOR CRISP FRIES 625-750g

3⁴⁹
/ea

MCCAIN DICED HASHBROWNS 900g

2⁹⁹
/ea

GREEN GIANT FROZEN VEGETABLES OR VALLEY SELECTIONS 400-750g

3⁹⁹
/ea

BUSH'S BEST BAKED BEANS 398mL

2/\$4

HEINZ FAMILY SIZE KETCHUP 1.5L

6⁴⁹
/ea

KRAFT SALAD DRESSING 475mL

2/\$7

COMPLIMENT'S ASSORTED DRY PASTA 900g

2/\$5

SPARKLING ICE FLAVORED SPARKLING WATER 503mL

2/\$3

PEPSI & PRODUCTS 2L

2³⁹
/ea

PARKAY SOFT OR QUARTERED MARGARINE 1.28-1.36kg

5⁸⁹
/ea

PUREX PREMIUM BATHROOM TISSUE 40 Rolls

20⁹⁹
/ea

DAWN ULTRA DISH WASHING LIQUID 473mL

2⁴⁹
/ea

MR. CLEAN LIQUID CLEANER 1.33L

3⁹⁹
/ea

TRADITIONS VARIETY PACK ICE CREAM NOVELTIES 24 Count

16⁹⁹
/ea

NESTLE VARIETY PACK DRUMSTICK ICE CREAM CONES 18 Count

18⁹⁹
/ea

KELLOGG'S FAMILY SIZE CEREALS 515-760g Select Flavours Only

5⁹⁹
/ea

HUNT'S THICK N RICH PASTA SAUCE 680mL

3/\$5

ROBIN HOOD ALL PURPOSE WHITE FLOUR 10kg

15⁹⁹
/ea

KRAFT CHEEZ WHIZ 900g

7⁹⁹
/ea

CHAPMAN'S FROZEN YOGURT 2L

6⁹⁹
/ea

MCCAIN FROZEN FRENCH FRIES 1.5kg

5⁴⁹
/ea

MINUTE MAID FROZEN ORANGE JUICE 295mL

1⁶⁹
/ea

PALMOLIVE DISH WASHING LIQUID 828mL

2⁶⁹
/ea

GOOD HOST ICED TEA MIX 2.35kg

8⁹⁹
/ea

CITY BREAD RYE BREAD 480g Original or Thick Cut

2/\$5

NATURAL BAKERY FRENCH BREAD 700g

2⁹⁹
/ea

OLD DUTCH ARRIBA FLAVORED TORTILLA CHIPS 245g

2/\$8⁵⁰

OR RESTAURANTE TORTILLA CHIPS 230-320g

2/\$8⁵⁰

POST FRUITY PEBBLES OR GENERAL MILLS CINNAMON TOAST CRUNCH 1.4kg

9⁹⁹
/ea

LAY'S POTATO CHIPS 235g

2/\$8

DORITOS TORTILLA CHIPS CHEETO CHEESE SNACKS 230-285g

2/\$8

PEPSI, DIET PEPSI, OR CRUSH RAINBOW PACK SOFT DRINKS 32x355mL

12⁹⁹
/ea

KRAFT SINGLES CHEESE SLICES 825g

7⁹⁹
/ea

MAPLE LEAF PILLOW PACK SMOKIES 900g

7⁹⁹
/ea

TIM HORTON'S ORIGINAL COFFEE K-CUPS 80 count Original or Decaf

39⁹⁹
/ea

NESCAFE RICH INSTANT COFFEE 475g

9⁹⁹
/ea

SUNNY D 500mL Tangy Original Orange Beverage

99¢
/ea

KRAFT VARIETY PACK SALAD DRESSINGS Greek, 1000 Island & Creamy Caesar 3x475mL

7⁹⁹
/ea

FEBREZE FABRIC REFRESHER Extra Strength or Antibac 800mL

4⁹⁹
/ea

DAD'S OATMEAL CHOCOLATE CHIP COOKIES 1.8kg

10⁹⁹
/ea

GAIN FIREWORKS 1.06kg In Wash Scent Booster

19⁹⁹
/ea

BLACK DIAMOND MARBLE CHEESE STRINGS 40 Count

12⁹⁹
/ea

Q-TIPS COTTON SWABS 625 count

4⁹⁹
/ea

POST CRANBERRY ALMOND CRUNCH CEREAL 1.4kg

9⁹⁹
/ea

HEINZ DEEP BROWNE BEANS IN TOMATO SAUCE WITH PORK 398mL

4/\$5

KIKOMAN PANKO BREADING CRUMBS 1.36kg

9⁹⁹
/ea

KRAFT PARMESAN CHEESE SHAKER 680g

14⁹⁹
/ea

SWIFFER WET 30's OR DRY FLOOR CLOTHS 40's

9⁹⁹
/ea