

DEALS OF THE WEEK

## LEAN GROUND BEEF

**\$5<sup>29</sup>** /lb

\$11.66/kg



Logan & Express Locations!

## PRIME RIB ROAST OR STEAK

**\$12<sup>99</sup>** /lb

\$28.63/kg



Logan & Express Locations!

## OUTSIDE ROUND STEAK OR ROAST

**\$6<sup>99</sup>** /lb

\$15.41/kg



Logan & Express Locations!

## BONELESS SKINLESS CHICKEN BREAST

**\$6<sup>99</sup>** /lb

\$15.41/kg



Logan & Express Locations!

## PORK SHOULDER BLADE STEAK OR ROAST

**\$3<sup>99</sup>** /lb

\$8.80/kg



Logan & Express Locations!

## CANTOR'S EXPRESS BACON

454g **\$7<sup>49</sup>** /ea

\$15.41/kg



Logan & Express Locations!

### LOGAN LOCATION ONLY!

#### FAMILY PACK PORK CHOPS

5lb Frozen

**\$19<sup>99</sup>** /ea

#### FROZEN PORK BUTTONS

**\$3<sup>99</sup>** /lb

\$8.80/kg

#### FROZEN PORK NECK BONES

10Lb.Box

**\$15<sup>99</sup>** /ea

#### BURNS WIENERS

375g

**\$2<sup>99</sup>** /ea

### DELI SPECIALS!!

LOGAN & EXPRESS LOCATIONS

#### Winnipeg Old Country OLD STYLE DRY COOKED HAM

100g

**\$1<sup>89</sup>** /100g

\$18.90/kg

#### SMITH'S ROAST BEEF, CORNED BEEF, SMOKED BEEF OR PASTRAMI

100g

**\$2<sup>79</sup>** /100g

\$27.90/kg

#### Winnipeg Old Country ALL BEEF SALAMI

100g

**\$1<sup>99</sup>** /100g

\$19.90/kg

### FROZEN #3 PORK PACK

LOGAN LOCATION ONLY.

FRESH MEAT PACKAGES ARE SOLD AT REGULAR PRICE + \$10

4lbs. Rib End Pork Chops  
4lbs. Rib End Pork Roast  
4lbs. Pork Butt Steak  
3lbs. BBQ Cut Pork Side Ribs  
2lbs. Pork Cutlets  
5lbs. Pork Neck Bones  
5x1lb. Lean Ground Pork

REG PRICE \$109.99

**SALE \$99<sup>99</sup>** /ea

### FROZEN #9 MEAT PACK

2lbs. T-Bone Steak  
2lbs. Ribeye Steak  
2lbs. New York Striploin Steak  
2lbs. Prime Rib Steak  
2lbs. Top Sirloin Steak  
5 x 1lb. Lean Ground Beef

REG PRICE \$186.99

**SALE \$169<sup>99</sup>** /ea

#### RAINBOW PEPPERS

3 Pack USA Grown

**\$3<sup>99</sup>** /ea

#### BROCCOLI CROWNS

USA Grown

**\$2<sup>99</sup>** /lb

\$6.59/kg

#### ROMAINE HEARTS

3 Count Package

**\$4<sup>99</sup>** /ea

#### CANTALOUPE MELONS

USA Grown

**\$5<sup>99</sup>** /ea

#### HOT HOUSE TOMATOES

Product of Canada

**\$1<sup>99</sup>** /lb

\$4.39/kg

#### GREEN ONIONS

USA Grown

**99¢** /ea

#### RED OR RUSSET POTATOES

10lb Product of Canada

**\$8<sup>49</sup>** /ea

#### MANDARIN ORANGES

2lb USA Grown

**\$6<sup>49</sup>** /ea

#### BECEL SOFT MARGARINE

850g

**\$7<sup>49</sup>** /ea

#### COMPLIMENTS SOFT DRINKS

2L Excludes Iced Tea

**4/\$5**

#### MAPLE LEAF SMOKIES

900g Original or Cheese

**\$7<sup>99</sup>** /ea

#### KRAFT MIRACLE WHIP

1.77L

**\$7<sup>99</sup>** /ea

#### BEST BUY FROZEN VEGETABLES

750g

**3<sup>99</sup>** /e

#### HEINZ KETCHUP 1L or KRAFT MIRACLE WHIP OR MAYO

650-890mL

**4<sup>99</sup>** /ea

#### COMPLIMENTS GARDEN SALAD or COLESLAW MIX

340-397g

**2<sup>29</sup>** /ea

#### HEINZ ORIGINAL OR DEEP BROWNED BEANS, KIDNEY BEANS, OR PASTAS

398mL

**3/\$5**

#### YOPLAIT CREAMY MULTIPACK YOGURT CUPS

16x100g

**6<sup>99</sup>** /ea

#### PARKAY SOFT OR QUARTERED MARGARINE

1.28-1.36kg

**6<sup>99</sup>** /ea

#### MCCAIN DEEP N DELICIOUS CAKES or MINI CAKE CUPS

340-510g

**5<sup>99</sup>** /ea

#### BEST BUY FROZEN VEGETABLES

750g

**3<sup>29</sup>** /ea

#### ROGERS WHITE SUGAR

4kg

**5<sup>99</sup>** /ea

#### LIPTON'S CHICKEN NOODLE OR ONION SOUP MIX

113-338g

**3<sup>49</sup>** /ea

#### GOOD HOST ICED TEA CRYSTALS

2.35kg

**9<sup>99</sup>** /ea

#### GOOD HOST RASPBERRY LEMONADE CRYSTALS

2.35kg

**13<sup>99</sup>** /ea

#### CLASSICO PESTO, ALFREDO, OR PASTA SAUCE

218-650mL

**3<sup>99</sup>** /ea

#### COMPLIMENTS DRY PASTAS

900g

**2/\$5<sup>50</sup>**

#### BICK'S PICKLE JARS

1L

**5<sup>49</sup>** /ea

#### MISS VICKIE'S KETTLE COOKED POTATO CHIPS

200g

**2/\$8**

#### DORITOS TORTILLA CHIPS

235g

**2/\$8**

#### LAY'S POTATO CHIPS

235g

**4<sup>49</sup>** /ea

#### PUREX PREMIUM BATHROOM TISSUE

40 Rolls

**22<sup>99</sup>** /ea

#### ORIGINAL KRAFT DINNER

12x225g

**14<sup>99</sup>** /ea

#### CAMPBELL'S SOUP BY THE CASE

12x284mL, Chicken Noodle, Mushroom, Tomato or Vegetable

**19<sup>99</sup>** /ea

#### COMPLIMENTS BAGGED CEREALS

794g

**4<sup>99</sup>** /ea

#### KRAFT SINGLES CHEESE SLICES

410g

**4<sup>99</sup>** /ea

#### IMPERIAL SOFT MARGARINE

1.28kg

**8<sup>49</sup>** /ea

#### KRAFT BBQ SAUCE

455mL

**2<sup>49</sup>** /ea

#### COMPLIMENTS CONDENSED SOUPS

284mL, Chicken Noodle, Mushroom, Tomato, or Vegetables

**4/\$5**

#### CHINA LILY SOYA SAUCE

483mL

**3<sup>59</sup>** /ea

#### BETTY CROCKER HAMBURGER OR TUNA HELPER

166-235g

**2<sup>99</sup>** /ea

#### BACK TO NATURE CROUTONS

737g

**5<sup>99</sup>** /ea

#### NATURAL BAKERY CRUSTY BREAD

500g

White or Whole Wheat

**2<sup>29</sup>** /ea

#### KRAFT ORIGINAL CHEEZ WHIZ

900g

**9<sup>99</sup>** /ea

#### SARA LEE TAKE & BAKE APPLE PIE

1kg, Original or Dutch

**5<sup>99</sup>** /ea

#### MONEY'S SLICED MUSHROOMS

284mL

**3/\$5**

#### BOUNCE DRYER SHEETS

160 Count

**6<sup>99</sup>** /ea

#### KELLOGG'S VARIETY BOX CEREAL CUPS

12 Count

**10<sup>99</sup>** /ea

#### ACTIVIA STIRRED YOGURT MULTIPACK

24x100g

**9<sup>99</sup>** /ea

#### PALMOLIVE ADVANCED DISH WASHING LIQUID

4.27L

**7<sup>99</sup>** /ea

#### GAIN FLINGS LAUNDRY PACKS

132 count

**29<sup>99</sup>** /ea

#### THAI KITCHENS SWEET RED CHILI SAUCE

1L

**6<sup>99</sup>** /ea

#### NESCAFE RICH INSTANT COFFEE

475g

**10<sup>99</sup>** /ea

#### OLIVE GARDEN ITALIAN DRESSING

709mL

**5<sup>99</sup>** /ea

#### GENERAL MILLS HONEY NUT CHEERIOS

1.51kg

**9<sup>99</sup>** /ea

#### KERSEN SARDINE FILLETS

200g

**1<sup>99</sup>** /ea

#### MAPLE LEAF NATURAL TOP DOGS

900g

**7<sup>99</sup>** /ea

SHOP ONLINE @ [www.cantorsmeats.com](http://www.cantorsmeats.com)

CURBSIDE PICK-UP AVAILABLE

1445 LOGAN AVE.  
204-774-1679 OR  
1-800-874-7770



1 THU 2 FRI 3 SAT 5 MON 6 TUE 7 WED

Monday - Wednesday 8AM - 5PM;  
Thursday - Saturday 8AM - 6PM; Closed Sundays